

Parental Ethical Challenges in Addressing Adolescents' Occasional Exposure to Pornography and the Role of Cognitive Strategies in Mitigating Them

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Abstracts

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The increasing accessibility of pornography to adolescents has become a significant challenge for morally responsible parents. In such situations, parents face two conflicting ethical duties: (a) fulfilling their parental responsibilities and (b) respecting their children's privacy. This study distinguishes between occasional exposure to pornography and addictive consumption and explores cognitive strategies as a means of managing and resolving parental challenges. These strategies are aimed at educating and raising awareness among adolescents. Employing cognitive strategies not only helps manage the current situation but also prevents the escalation of the child's behavioral issues. Key cognitive strategies include educating adolescents about human dignity, providing awareness about sexual instincts and their roles during puberty and post-puberty stages, aligning sexual instincts with growth and higher human needs, fostering an understanding of sexual identity, and highlighting the harms of sexual behavioral disorders. These approaches strengthen adolescents' understanding and shape their perspectives, facilitating more responsible decision-making.

Keywords

Pornography, Ethical Challenges, Adolescents, Parental Responsibility, Cognitive Skills.

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